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Intentions for the Day:

- I will perform my five salâh with Jamâ'at in the Masjid according to Sunnah with concentration.
- I will complete all my ma'mulâts and dhikr for the day.
- I will abstain from all sins, major and minor, especially the sin of evil glances, pride, love of this world, and being unmindful of the hereafter.
- I will abstain from causing inconvenience and harm to anybody.
- Allâh, I am very weak. Assist me to fulfil all my intentions.

Intentions for life:

- My object of life is to please Allâh ﷻ and prepare for the hereafter
- Gain a connection and relationship with Allâh ﷻ, follow the Sunnats of Rasulullâh ﷺ
- Be saved from Jahannum and

- Gain entry into Jannatul Firdaus
- To attain the rank of the highest level of siddiqiyyat, even though not deserving of it

Allâh, help me to fulfil my objectives of life.

Make Shukr (thank Allâh) that:

- Allâh has given us Imân
- Allah made us from the Ummah of Rasulullâh ﷺ
- Allah has seen to our sustenance
- Allah has concealed our sins
- Allah has given us a beautiful Shariah
- Allah has given us health
- Allah has linked us to Mashâikh who are on Haq

**Make duâ for Islam, and for all the branches
of Dîn**

Protection from all types of Evil

Recite 3 Times Each

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ هُوَ اللَّهُ أَحَدٌ اللَّهُ الصَّمَدُ لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ
يَكُنْ لَهُ كُفُوًا أَحَدٌ

In the name of Allâh, Most Compassionate, Most Merciful.

Say He is Allâh, the Only One. Allâh is independent. He begets not, nor is He begotten. And there is none like Him.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ مِنْ شَرِّ مَا خَلَقَ وَمِنْ شَرِّ
غَاسِقٍ إِذَا وَقَبَ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ
وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

In the name of Allâh, Most Compassionate, Most Merciful.

Say: I seek refuge with the Sustainer of daybreak, from the evil of what He has created, from the evil of the darkness as it overspreads, from the mischief of those who blow on knots, and from the mischief of the jealous one as he practices envy.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ أَعُوذُ بِرَبِّ النَّاسِ مَلِكِ النَّاسِ إِلَهِ النَّاسِ مِنْ
شَرِّ الْوَسْوَاسِ الْخَنَّاسِ الَّذِي يُوَسْوِسُ فِي صُدُورِ
النَّاسِ مِنَ الْجِنَّةِ وَالنَّاسِ

In the name of Allâh, Most Compassionate, Most Merciful.

Say: I seek refuge with the Sustainer of mankind, the Ruler of mankind, the Deity of mankind from the mischief of the Whisperer, who withdraws, who whispers into the hearts of mankind, among jinns and among men.

**Recite each Sûrah thrice morning and evening. It will suffice one from every evil.
(Abû Dâwûd, Tirmidhi)**

Protection from the Worries of Both Worlds

Recite 7 Times

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ
الْعَرْشِ الْعَظِيمِ

*Allâh is sufficient for me. There is none worthy of
worship besides Him. Upon Him do I trust and He
is the Sustainer of the Mighty Throne.*

**Rasûlullâh ﷺ said, “Whoever recites the
following Du’a seven times in the morning and
evening, Allah ﷻ will suffice for him with regard
to all his worries of both the worlds.”**

(Abû Dawûd, Ibnus Sunni)

Duâ of the Angels & Death of a Martyr

Recite 3 Times

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ

Recite Once

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ عَالِمُ الْغَيْبِ وَالشَّهَادَةِ
هُوَ الرَّحْمَنُ الرَّحِيمُ - هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ
الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيزُ
الْجَبَّارُ الْمُتَكَبِّرُ سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ - هُوَ
اللَّهُ الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ لَهُ الْأَسْمَاءُ
الْحُسْنَى يُسَبِّحُ لَهُ مَا فِي السَّمَوَاتِ وَالْأَرْضِ وَهُوَ
الْعَزِيزُ الْحَكِيمُ

I seek protection from Allâh, the All-Hearing and All-Knowing from Shaytân, the rejected one. He is Allâh, the one besides whom there is no deity. He is the Knower of the apparent and unseen things. He is Most Compassionate, Most Merciful. He is Allâh, the one besides whom there is no deity. He is the Sovereign, the Being free from past defects, the Being who grants safety, the Giver of peace, the Protector, the Exalted, the Reformer, the Truly Great. Allâh is free from that partners which they attribute. He is Allâh, the Creator, The Designer, the Fashioner. For Him are all beautiful names. Whatever is in the heavens and earth glorify Him. He is the Exalted, the Most Wise.

If the above is read in the morning, Allâh ﷻ will appoint seventy thousand angels who will seek forgiveness on the reader's behalf until the evening. If the reciter passes away on that day, he will pass away as a martyr. Whoever reads it in the evening will attain the same reward.
(Tirmidhî)

Protection from all types of Harm

Recite 3 Times

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ
وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

In the name of Allâh, in the protection of whose name nothing in the heavens and in the earth can cause any harm. And Allâh alone is The All-Hearing, All-Knowing.

If read thrice in the morning and evening, nothing will harm the reciter. (Abû Dâwûd, Tirmidhi, Ibn Hibbân)

Sayyidul Istigfaar

اَللّٰهُمَّ اَنْتَ رَبِّيْ لَا اِلٰهَ اِلَّا اَنْتَ خَلَقْتَنِيْ وَاَنَا
عَبْدُكَ ، وَاَنَا عَلٰى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ ،
اَعُوْذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ ، اَبُوْءُ لَكَ بِنِعْمَتِكَ
عَلَيَّ ، وَاَبُوْءُ بِذَنْبِيْ ، فَاغْفِرْ لِيْ ، فَاِنَّهُ لَا يَغْفِرُ
الذُّنُوْبَ اِلَّا اَنْتَ

O Allâh, You are my Creator. There is no deity but You. You have created me and I am Your servant. As far as possible I shall try to fulfil the promise I have made with You. I seek Your protection from the evil of my actions. I admit guilt over my sins and I acknowledge Your favours over me. O Allâh, please forgive me, for verily none can forgive my sins but You.

Rasulullah ﷺ mentioned that whosoever passes away during the day or night after reciting the above Istigfâr, passes away as a martyr.

(Bukhâri)

Protection of Din, Family & Property

Recite 3 Times

بِسْمِ اللَّهِ عَلَى دِينِي وَنَفْسِي وَوَلَدِي وَأَهْلِي وَ
مَالِي

In the name of Allâh (i.e. I place in the protection of Allâh) my Dîn (religion), my life, my children, my family and my wealth. (Ibn Asâkir)

Eternal Joy Bestowed by Allah ﷻ

Recite 3 Times

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ
(صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) نَبِيًّا

I am pleased with Allâh as my Creator, with Islam as my Dîn, and with Muhammad ﷺ as my Nabi.

Whosoever recites the above thrice in the morning, and thrice in the evening, Almighty Allâh shall take it upon Himself to please this person on the Day of Qiyâmah. (Musannaf Ibn Abi Shaibah)

Note: The aforementioned duâs should be recited morning and evening. The remainder should be recited once daily.

Recite 3 Times

سُبْحَانَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ وَلَا حَوْلَ وَلَا قُوَّةَ
إِلَّا بِاللَّهِ

Pure is Allah, the Mighty, and praise belongs only to Him. There is no power to do good, and there is no power to abstain from evil, except with the help of Allâh ﷻ.

**By reciting this duâ, one will be saved from leprosy, insanity, blindness and paralysis.
(Ibnus Sunni, Mu'jamul Kabîr of Tabrânî)**

Recite 3 Times

اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ مِنَ الْبَرَصِ ، وَ الْجُنُوْنِ ، وَ
الْجُذَامِ ، وَ سَيِّئِ الْاَسْقَامِ

O Allah, I seek Your protection from white liver disease, insanity, leprosy and all other fatal diseases. (Abû Dawûd, Nasaî)

Recite 7 Times

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

There is no power to do good, and there is no power to abstain from evil, except with the help and assistance of Allâh.

This dua is a treasure from Jannah, which has come from under the Arsh (Throne) of Allâh. When one reads it, Allâh ﷻ becomes pleased and announces, 'My servant has surrendered and handed all his affairs to Me!' (Tabrâni in Awsat) The Ulama have advised that one recites this dua at least seven times daily.

اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ وَ تَحَوُّلِ
عَافِيَّتِكَ وَ فُجَاةٍ نِقْمَتِكَ وَ جَمِيعِ سَخَطِكَ

O Allâh, I seek Your protection from loss of Your bounty, changing of well-being granted by You, sudden calamities, and any action which will lead to Your displeasure. (Muslim)

اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ مِنْ جَهْدِ الْبَلَاءِ وَ دَرَكِ
الشَّقَاۗءِ وَ سُوءِ الْقَضَاۗءِ وَ شَمَاتَةِ الْاَعْدَاۗءِ

O Allâh, I seek your protection from unbearable trials, affliction of wretchedness, every decision which is harmful for me and from the rebukes of the enemy. (Bukharî)

اَللّٰهُمَّ اِنِّیْ اَسْأَلُكَ حُبَّكَ ، وَحُبَّ مَنْ یُّحِبُّكَ ،
وَالْعَمَلَ الَّذِیْ یُبَلِّغُنِیْ حُبَّكَ ، اَللّٰهُمَّ اجْعَلْ حُبَّكَ
اَحَبَّ اِلَیَّ مِنْ نَفْسِیْ ، وَ اَهْلِیْ ، وَ مِنْ الْمَاءِ الْبَارِدِ

O Allah, I ask You of Your love, the love of those who love You, and those actions which will lead me to Your love. O Allâh, make Your love greater to me than the love of myself, my family and cold water. (Tirmidhi)

یَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِیْ عَلٰی دِیْنِكَ

O Controller of hearts! Make my heart firm on Your dîn! (Tirmidhi)

اَللّٰهُمَّ اَلْهِنِّيْ رُشْدِيْ ، وَ اَعِزِّنِيْ مِنْ شَرِّ نَفْسِيْ

O Allah, inspire me with guidance and protect me from the evil of myself. (Tirmidhi)

اَللّٰهُمَّ اِنَّكَ عَفُوٌّ مُّحِبُّ الْعَفْوِ فَاعْفُ عَنِّيْ

O Allah, Verily You are Oft-Forgiving, You love to forgive, so forgive me. (Tirmidhi)

اَللّٰهُمَّ اِنِّيْ اَسْأَلُكَ الْهُدٰى وَ التَّقٰى وَ الْعَفَافَ وَ
الْغِنٰى

O Allah, I ask from You guidance, piety, modesty and independence. (Muslim)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ فِتْنَةِ النَّارِ وَعَذَابِ النَّارِ،
وَفِتْنَةِ الْقَبْرِ وَعَذَابِ الْقَبْرِ، وَشَرِّ فِتْنَةِ الْغِنَى وَشَرِّ
فِتْنَةِ الْفَقْرِ

*O Allah, I seek Your protection from the trial and
punishment of the Fire, the trials and punishment
of the grave, and the evils of wealth and poverty.*

(Bukhâri)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ، وَأَعُوذُ بِكَ
مِنَ الْعَجْزِ وَالْكَسَلِ، وَأَعُوذُ بِكَ مِنَ الْجُبْنِ
وَالْبُخْلِ، وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ، وَقَهْرِ
الرِّجَالِ

*O Allâh, I seek Your protection from grief, worry,
helplessness and laziness. I seek Your protection
from cowardice, stinginess, being overpowered by
debt and being overpowered by other men.*

(Abû Dâwûd)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْجُبْنِ، وَأَعُوذُ بِكَ مِنَ
الْبُخْلِ، وَأَعُوذُ بِكَ مِنْ أَنْ أُرَدَّ إِلَى أَرْذَلِ الْعُمُرِ،
وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الدُّنْيَا، وَعَذَابِ الْقَبْرِ

*O Allâh, I seek Your protection from cowardice,
stinginess, becoming senile, and from the tests of
this world and the punishment of the grave.*

(Bukhârî)

اللَّهُمَّ إِنِّي أَسْأَلُكَ الصَّحَّةَ وَالْعِفَّةَ وَالْأَمَانَةَ وَ
حُسْنَ الْخُلُقِ وَالرَّضَى بِالْقَدْرِ

*O Allâh, I ask You for good health, chastity,
trustworthiness, good character and to be pleased
with Taqdîr (predestination). (Mu'jamul Kabîr,
Bazzâr)*

اَللّٰهُمَّ اِنِّىْ اَسْأَلُكَ اِيْمَانًا لَا يَرْتَدُّ ، وَنَعِيْمًا لَا يَنْفَدُ
، وَمُرَافَقَةً مُحَمَّدٍ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ فِيْ اَعْلٰى
جَنَّةِ الْخُلْدِ

O Allâh, I ask You for such Imân that shall never leave me, for such bounties that shall never come to an end, and to be kept in close proximity to Rasulullâh ﷺ in the highest levels of Jannah. (Sahîh Ibn Hibbân, Ahmad)

This is a dua made by Hadhrat Abdullâh ibn Masood رضي الله عنه.

اَللّٰهُمَّ اغْفِرْ لَنَا ذُنُوْبَنَا وَتَكْفَّلْ بِرِضَا خُصُوْمِنَا

O Allâh, forgive our sins and take responsibility to make happy those who shall wish to lay a case against us (on the Day of Qiyâmah)

Allâmah Ibn Hajr Asqalâni ؒ, while discussing the Hadith regarding a man who received pardon despite having murdered one hundred people, explained that despite having not sought pardon from the one hundred people he had killed, he still attained entry into the mercy of Allâh, since Almighty Allâh took it upon Himself to repay all those murdered, on behalf of the killer.

(Fathul Bârî)

In the light of this, our Mashâikh have prescribed the above dua, wherein one, together with making an earnest attempt to fulfil the rights of all fellow man, asks Almighty Allâh to take responsibility to please and earn for him the pardon of all those whose rights he tramples or does not fulfil and dies without seeking their pardon.

اَللّٰهُمَّ اِنَّا نَجْعَلُكَ فِيْ نُحُوْرِهِمْ، وَ نَعُوْذُ بِكَ مِنْ
شُرُوْرِهِمْ

*O Allâh, I place You at the necks of my enemy, and
I seek Your protection from their evil. (Abû Dâwûd)*

اَللّٰهُمَّ اسْتُرْ عَوْرَاتِنَا وَ اٰمِنْ رَّوْعَاتِنَا

*O Allâh, cover my faults and keep my heart at
ease. (Ahmad, Bazzâr)*

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا
عَذَابَ النَّارِ

*O our Creator, give us the best of this world, the
best of the Hereafter and protect us from the
punishment of the Fire. (Surah Baqarah)*

اَللّٰهُمَّ اَرِنَا الْحَقَّ حَقًّا وَارْزُقْنَا اتِّبَاعَهُ وَارِنَا
الْبَاطِلَ بَاطِلًا وَارْزُقْنَا اجْتِنَابَهُ

*O Allâh, let us see the truth as the truth and bless
us with the ability to follow it, and let us
understand the wrong to be wrong and bless us
with the ability to abstain from it.
(Sharhul-Ihyâ- duâ of Abû Bakr رضي الله عنه)*

اَللّٰهُمَّ حَاسِبِنِيْ حِسَابًا يَّسِيْرًا

*O Allâh, let our reckoning be easy.
(Ibn Hibbân, Ibn Khuzaimah, Mustadrak)*

اَللّٰهُمَّ اَعِنِّيْ عَلٰى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ
عِبَادَتِكَ

*O Allâh, help me in remembering You, in
appreciating Your favours, and in worshipping You
in the best possible manner. (Abû Dâwûd)*

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ غَضَبِهِ وَمِنْ
عِقَابِهِ وَمِنْ شَرِّ عِبَادِهِ وَمِنْ هَمَزَاتِ الشَّيَاطِينِ
وَأَنْ يَحْضُرُونِ

*I seek protection through the complete commands
of Allâh, from the anger of Allâh, His punishment,
the evil of man, the whisperings of shaitân and
from having the shayâteen coming close to me.
(Tirmidhi)*

Recite 7 Times

اَللّٰهُمَّ اَجِرْنِي مِنَ النَّارِ

*O Allâh, I seek Your protection from the Fire.
(Abû Dâwûd)*

Recite 3 Times

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ ، وَرِضَا نَفْسِهِ ،
وَزَنَةَ عَرْشِهِ ، وَمِدَادَ كَلِمَاتِهِ

*I praise and glorify Allâh in accordance to the
number of the creation, in a manner which pleases
Allâh, equal to the weight of The Mighty Throne
and equal to the ink which writes out the
commands of Allâh.*

**Rasulullâh ﷺ explained to his wife, Hadhrat
Juwairiya ؓ, who had remained on her musalla,
from after Fajr Salaah until just before midday,
engaged in Tasbîhât, that the above four
phrases, if read thrice, would outweigh whatever
she had recited during that time. (Muslim)**

اَللّٰهُمَّ مَا اَصْبَحَ بِيْ مِنْ نِّعْمَةٍ اَوْ بِاَحَدٍ مِنْ خَلْقِكَ
فَمِنْكَ وَحْدَكَ لَا شَرِيْكَ لَكَ ، لَكَ الْحَمْدُ ، وَلَكَ
الشُّكْرُ

O Allâh, whatever favour of Yours falls upon me or upon any of Your creation, it is solely from You. You have no partner. For You is all praise and for You is all thanks.

It has been narrated from Rasulullâh ﷺ that the one who reads the above in the morning has fulfilled his responsibility of thanking Almighty Allâh for the favours of that day. (Ibn Hibbân)

Recite 3 Times

يَا جَامِعُ

O The One who gathers all!

اَللّٰهُمَّ اَسَلَمْتُ نَفْسِيْ اِلَيْكَ ، وَ وَجَّهْتُ وَجْهِيْ
اِلَيْكَ ، وَ فَوَّضْتُ اَمْرِيْ اِلَيْكَ ، وَ اَلْجَأْتُ ظَهْرِيْ
اِلَيْكَ ، رَغْبَةً وَ رَهْبَةً اِلَيْكَ ، لَا مَلْجَأَ ، وَ لَا مَنَاجَا
مِنْكَ اِلَّا اِلَيْكَ ، اَمَنْتُ بِكِتَابِكَ الَّذِيْ اُنْزِلْتَ ، وَ
بِنَبِيِّكَ الَّذِيْ اُرْسَلْتَ

*O Allâh, I have handed myself over to You, I have
turned my face towards You, I have handed my
affairs over to You, I have placed You as my only
support. I fear Your anger*

**If one reads this dua at night and passes away on
that very night, he shall pass away on fitrah i.e.
on Islâm. (Bukhârî)**

Recite 3 Times

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

O The All-Living, The All-Sustaining, through your mercy do I seek Your help.

Whenever Rasulullâh ﷺ would be faced with any type of worry or concern he would recite the above. (Tirmidhî)

Ulema have advised that one should read it excessively when faced with difficulties, the minimum being three times.

رَبَّنَا لَا تُزِغْ قُلُوْبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

O our Creator, let our hearts not stray after being guided, and bless us with Your special mercy. Verily You are The All-Giving. (Surah Al-Imrân)

Protection from Riya (Ostentation)

اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ اَنْ اُشْرِكَ بِكَ وَاَنَا اَعْلَمُ وَاَسْتَغْفِرُكَ لِمَا لَا اَعْلَمُ

O Allâh, I ask Your protection that I associate partners with You, knowingly, and I ask Your forgiveness for whatever I have done unknowingly.

Rasulullâh ﷺ once made mention of shirk and its different types and explained that there are certain forms of Shirk which are less noticeable than even the movement of an ant. Rasulullâh ﷺ thereafter prescribed the above dua to be read once or thrice, as a remedy for every type of Shirk, big and small. (Adabul-Mufrad)

Make the following Muraqabah (i.e. say and contemplate over the following):

مسلمانوں میں (اپنا نام لیکر) بدتر ہوں اور آل میں (اپنا نام لیکر) تمام
جانوروں تمام کافروں سے بدتر ہوں

Amongst all the Muslims, I (taking your name) am the worst. With regards to my final condition, I (taking your name) am worse than all animals and all non-Muslims

ہم ایسے رہے یا کہ ویسے رہے، وہاں دیکھنا ہے کہ کیسے رہے
Our condition in this world does not really matter. It is what our condition in the Hereafter shall be that truly matters!

أَلَمْ يَعْلَمْ بِأَنَّ اللَّهَ يَرَى

Does Man not know that Almighty Allâh is watching! (Surah Alaq)

All-Encompassing Dua

اللَّهُمَّ إِنَّا نَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ
مُحَمَّدٌ ﷺ وَنَعُوذُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ
مُحَمَّدٌ ﷺ، وَأَنْتَ الْمُسْتَعَانُ، وَعَلَيْكَ الْبَلَاغُ، وَلَا
حَوْلَ وَلَا قُوَّةَ إِلَّا اللَّهُ

*O Allâh, we ask You for all the good of what
Rasulullâh ﷺ asked for, and we seek Your
protection from all the evil which Rasulullâh ﷺ
sought protection from. From You alone is help
sought from, and You alone fulfil all needs. There
is no power to do good or avoid evil except with
the permission and help of Allâh.*

**Hadhrat Abu Umamâh ؓ once complained to
Rasulullâh ﷺ that they (the Sahâba ؓ) had
not been able to memorise many of the
beautiful duas which Rasulullâh ﷺ had made
at various occasions during his blessed life.**

Rasulullâh ﷺ thereafter taught him the above dua, which encompasses all the duas made by Rasulullâh ﷺ, throughout his blessed life. (Tirmidhi)

Recite 3 Times

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ هُوَ اللَّهُ أَحَدٌ اللَّهُ الصَّمَدُ لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ
يَكُنْ لَهُ كُفُوًا أَحَدٌ

Send rewards to Nabî ﷺ, all the Ambiyâ, parents, Ustâdhs, one's Sheikh, all Mashâikh, all those who have favoured one and all Muslims, living and deceased.

Durûd-e-Tunajjîna

اَللّٰهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ صَلَاةً تُنَجِّينَا بِهَا مِنْ
جَمِيعِ الْاَهْوَالِ وَالْاَفَاتِ وَ تَقْضِي لَنَا بِهَا جَمِيعَ
الْحَاجَاتِ وَ تُطَهِّرُنَا بِهَا مِنْ جَمِيعِ السَّيِّئَاتِ وَ
تَرْفَعُنَا بِهَا عِنْدَكَ اَعْلٰى الدَّرَجَاتِ وَ تُبَلِّغُنَا بِهَا
اَقْصٰى الْغَايَاتِ مِنْ جَمِيعِ الْخَيْرَاتِ فِي الْحَيَاةِ وَ
بَعْدَ الْمَمَاتِ

*O Allâh, send salutations upon our Leader,
Hadhrat Muhammad ﷺ, such salutations that
save us from all fears and calamities, fulfils for us
all our needs, purifies us from all evil, elevates us
to the highest of ranks, and delivers to us all the
good of both the world.*

Recite 25 Times

اَللّٰهُمَّ بَارِكْ لِيْ فِي الْمَوْتِ وَ فَيَمَّا بَعْدَ الْمَوْتِ

*O Allâh, let our death be blessed and let our life
after death be blessed*

**Whoever shall read this daily, twenty-five
times, he shall be blessed with the death of a
martyr. (Mu'jamul Awsat of Tabrânî)**

Recite 27 Times

اَللّٰهُمَّ اغْفِرْ لِيْ وَ لِلْمُؤْمِنِيْنَ وَ الْمُؤْمِنَاتِ وَ
الْمُسْلِمِيْنَ وَ الْمُسْلِمَاتِ

O Allâh, forgive me and the believing men and women, and the subservient men and women.

Hadhrat Ubâdah ibn Sâmit ؓ narrates that Rasulullâh ﷺ said, 'Whosoever seeks Almighty Allah's pardon on behalf of the believing men and women, in lieu of every single believing man and woman Almighty Allâh shall write for him a separate reward. (Mu'jamul Kabîr of Tabrânî)

Recite 25 Times

اَللّٰهُ لَطِيْفٌ بِعِبَادِهِ يَرْزُقُ مَنْ يَّشَاءُ وَهُوَ الْقَوِيُّ
الْعَزِيْزُ

Allâh is Most Kind to His servants. He provides to whosoever He desires and He alone is The All-Powerful, All-Mighty. (Surah Shûrâ)

Recite 27 Times

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*In the name of Allâh, The Most Benevolent, The
Most Merciful*

**This is extremely beneficial for bringing one's
anger under control.**

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، إِلَهًا
وَاحِدًا أَحَدًا صَمَدًا، لَمْ يَتَّخِذْ صَاحِبَةً وَلَا وَلَدًا،
وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

*I bear witness that there is none worthy of
worship but Allâh alone, and for Him there is no
partner. He is One, Only Deity, He is Unique, He is
All-Independent. He has no wife, nor any child and
there is none that can ever compare to Him.*

(Ibnus-Sunni)

Recite Daily:

- Surah Yâsîn Sharif
- Istighfâr - 100 times
- Durûd Sharif - 100 times
- Third Kalima - 100 times

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ
أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Husband's Dua for his Wife after **Meals**

May Allah ﷻ reward you!

May Allah ﷻ be pleased with you! May Allah
ﷻ accept from you!

May Allah ﷻ keep you happy, healthy,
protected with Izzat, Aafiyat and Raahat, in
Dien, Dunyah and Aakhirat, forever,
wherever, however, and all who you love to
see happy.

And may Allah ﷻ grant you, me and us all
Husne Khatima on Imaan Kaamil, Kalima
Shahadat with Maqbool Taubatun Nasooha
just before Maut, with Izzat, Afiyyat, Raahat,
Salamati and Aman.

And all who have a share in this food, who
have Ihsaan on us and all who got Haq on us
and the whole Ummat of Nabi ﷺ

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